

Effective Strategies for working with ADHD

Tuesday, February 7, 2012

7 p.m. – 9 p.m.

Meeting Location:
Hanover High School (First Floor)
Cedar Street, Hanover

Presented by: Dr. Robert Walker, Healthcare South

Description: ADHD is a problem with inattentiveness, over-activity, impulsivity, or a combination of all three. In this workshop Dr. Robert Walker will discuss what ADHD is and what is not and provide parents and teachers with effective strategies to manage related behaviors.

Inattentive symptoms include:

1. Fails to give close attention to details or makes careless mistakes in schoolwork
2. Has difficulty keeping attention during tasks or play
3. Does not seem to listen when spoken to directly
4. Does not follow through on instructions and fails to finish schoolwork, chores, or duties in the workplace
5. Has difficulty organizing tasks and activities
6. Often loses toys, assignments, pencils, books, or tools

Hyperactivity symptoms:

1. Fidgets with hands or feet or squirms in seat
2. Leaves seat when remaining seated is expected
3. Runs about or climbs in inappropriate situations
4. Has difficulty playing quietly
5. Is often "on the go," acts as if "driven by a motor," talks excessively

Impulsivity symptoms:

1. Blurts out answers before questions have been completed
2. Has difficulty awaiting turn
3. Interrupts or intrudes on others

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For further information, please call
Susan at 781.826.8261 or Karen at 781.826.0137



Hanover
Parent
Advisory **PAC**
Council



What is the Hanover Parent Advisory Council?

The **PAC** is a parent group whose mission is to work toward understanding, respect, support and appropriate education for all children with learning differences in our community. The **Hanover PAC** will provide an opportunity for parents to network and share information as well as a way to work constructively with our schools to make them the best they can be for all children.



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