









# MAY 2010

Center Elementary  
65 Silver Street  
(781)826-2631

Sylvester Elementary  
495 Hanover Street  
(781) 826-3844

Frozen treats are now available on Wednesdays and Fridays for 75¢

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|---|---|--|---|
| 3) Chicken Nuggets with mashed potatoes, vegetable, fruit and milk  | 4) Hamburger or Cheeseburger with lettuce, tomato, vegetable, fruit and milk        | 5) Nachos with seasoned meat with salsa, cheese, lettuce, tomato, fruit and milk                          | 6) Chicken Quesadilla with salsa, fresh vegetable, fruit and milk  | 7) Assorted Pizza with garden salad, fruit and milk                                   |
| 10) Domino's Pizza with garden salad, fruit and milk<br> | 11) Grilled Cheese Sandwich with vegetable, low-fat chips, fruit and milk           | 12) Manager's Choice<br> | 13) Tacos with seasoned meat with salsa, cheese, lettuce, tomato, fruit and milk                             | 14) Meatball Sub with vegetable, fruit and milk                                       |
| 17) Chicken Teriyaki Dippers with brown rice, vegetable, fruit and milk   | 18) Warm Ham & Cheese Croissant with vegetable, fruit and milk                      | 19) Pasta with or without meat sauce with vegetable, fruit and milk                                       | 20) Turkey Sub with low-fat chips, vegetable, fruit and milk   | 21) Assorted Pizza with garden salad, fruit and milk                                  |
| 24) Chicken Patty Sandwich with lettuce, tomato, low-fat chips, vegetable, fruit and milk   | 25) Honey BBQ dippers with oven baked potatoes, vegetable, fruit and milk           | 26) American Chop Suey with garden salad, fruit and milk  | 27) Manager's Choice<br> | 28) Assorted Pizza with Caesar salad, fruit and milk                                  |
| 31) HOLIDAY<br>  |  |                        |                         |  |

## Lunch Alternates (Selections Vary Daily)

Chef Salad, Bagel with Yogurt, Cereal with Yogurt, French Toast Sticks, Mozzarella Sticks, Assorted Sandwiches  
Hot Dogs (Tuesday, Wednesday, Thursday)  
Milk 50¢

Healthy a la carte items are available: fruit, yogurt, low fat snacks priced from 25 ¢ to 50¢

Frozen treats are available on Wednesday and Friday for 75¢

**Cost of Lunch is \$1.75**

**Make Checks payable to the:**

**Town of Hanover**

**Please pay either**

**Monthly or ½ Half Year.**

**Monthly Payment Plan- \$35.00**

Grade 1: Please give your check to your teacher.

Grade 2-4: Please bring your check to the cashier at lunchtime.

**Any Questions –please call Michael Meagher, Food Service Director at (781)-878-6667 or visit our website: [www.hanoverschools.org/foodservices](http://www.hanoverschools.org/foodservices)**

**Free and Reduced Price School Meals**  
Applications are available by contacting Mike Meagher, Food Service Director.

**MENU IS SUBJECT TO CHANGE**

For "Menu Nutritional Information" and "Disclaimer information"

Please refer to the food service site

[www.hanoverschools.org/foodservices](http://www.hanoverschools.org/foodservices)

*Our snacks all comply with the "Massachusetts Action for Healthy Kids". This consists of voluntary guidelines that Hanover Public School Food Service Program feels strongly about.*

WE OFFER BAGELS, ROLLS, AND SANDWICHES IN BOTH WHITE AND WHEAT BREAD

Q: What is put on a table and cut, but never eaten?

A: sdrac fo kced A