



DECEMBER 2010



ELEMENTARY SCHOOLS

Lunch Alternates

Prepared salad of the day with meat/cheese and whole wheat roll
 *Whole wheat bagel with low-fat Upstate Farms yogurt and cheese
 *Deli turkey sandwich
 *Yogurt, fruit and cereal lunch
 *Lunch Alternate is serve with choice of the main menu sides of the day.

Milk 50¢
Fresh Fruit 25¢
Snacks 50¢
Frozen treats 75¢
 (Wednesday and Thursday only)

Cost of Lunch

Student Lunch \$1.75
 Adult Meal \$3.00
 Adult Premium Pizza Meal
 On Fridays only \$4.00

Make Checks payable to the:

Town of Hanover

December \$ 29.75
 Half Year (Dec-June) \$215.25













Please write checks for monthly, half year and full year and pay at the cafeteria register.

Free and Reduced Price School Meals

Applications are available by contacting Mike Meagher, Food Service Director and on our website.

Please also refer to our website at www.hanoverschools.org/foodservices for further information

Please note menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1)Hamburger, cheeseburger or gardenburger on whole grain roll with lettuce, tomatoes, oven roasted potatoes, fresh orange and milk	2) Tacos with spicy lean beef or shredded chicken and shredded cheese, lettuce, tomatoes, salsa, fresh apple and milk	3)Assorted healthy pizza with fresh garden salad, fresh apple and milk 
6) Grilled cheese on whole wheat bread, chicken noodle soup, carrot sticks, fresh apple and milk	7)Egg, light sausage and cheese on bagel, hash browns, apple slices and milk	8) American Chop Suey, whole wheat roll, green beans, fresh apple and milk	9) *Hot Dog Day* Hot dogs on buns with baked beans, mixed fruit and milk	10) Assorted healthy pizza with fresh garden salad, fresh apple and milk 
13) Chicken parmesan sandwich on whole wheat roll, fresh garden salad, pear slices and milk	14) Ham and cheese on croissant, carrot sticks, apple slices and milk	15)BBQ Rib on a bun, oven potatoes, green beans, apricots and milk	16)Bacon, lettuce and tomato sandwich, choice of yogurt or cheese stick , peach slices and milk	17)Assorted healthy pizza with fresh garden salad, fresh apple and milk 
20) Honey chicken dippers with choice of rice, peas, pear slices and milk	21) Cheese quesadilla with lettuce, tomato, fresh apple, and milk	22) Turkey chili, baked soft pretzel or mozzarella sticks, carrot and celery sticks, peach slices and milk	23) Assorted healthy pizza with fresh garden salad, fresh apple and milk 	24)VACATION 
27)VACATION 	28) VACATION 	29) VACATION 	30) VACATION 	31) VACATION 

Fresh Fruit Alternates Available Daily

Alternate Hot Meal Available Daily

Center Elementary
 65 Silver Street
 (781)826-2631

Sylvester Elementary
 495 Hanover Street
 (781) 826-3844

Cedar Elementary School
 265 Cedar Street
 (781)878-7228