



# February 2011



## ELEMENTARY SCHOOLS

### Lunch Alternates

Prepared salad of the day with meat/cheese and whole wheat roll  
 \*Whole wheat bagel with low-fat Upstate Farms yogurt and cheese  
 \*Deli turkey sandwich  
 \*Yogurt, fruit and cereal lunch  
**\*Lunch Alternate is serve with choice of the main menu sides of the day.**

<b>Milk</b>	<b>50¢</b>
<b>Fresh Fruit</b>	<b>25¢</b>
<b>Snacks</b>	<b>50¢</b>
<b>Frozen treats</b>	<b>75¢</b>
(Wednesday and Thursday only)	

### Cost of Lunch

Student Lunch	<b>\$1.75</b>
Adult Meal	<b>\$3.00</b>
Adult Premium Pizza Meal	
On Fridays only	<b>\$4.00</b>

### Make Checks payable to the:

#### Town of Hanover

February	<b>\$ 26.25</b>
Feb-June	<b>\$152.25</b>

Please write checks for monthly, half year and full year and pay at the cafeteria register.

\*Please note prices are subject to change\*

### Free and Reduced Price School Meals












Applications are available by contacting Mike Meagher, Food Service Director and on our website.

### Please also refer to our website at

[www.hanoverschools.org/foodservices](http://www.hanoverschools.org/foodservices) for further information

Please note menu is subject to change



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1)</b> French toast sticks, with sausage, carrot sticks, apple slices and milk	<b>2)</b> Whole wheat pasta with sauce and light meatballs, fresh garden salad, peach slices and milk	<b>3)</b> Tacos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, fresh apple and milk	<b>4)</b> Assorted healthy pizza with fresh garden salad, fresh apple and milk
<b>7)</b> Chicken dippers with rice, peas/carrots, dinner roll, fruit crisp and milk	<b>8)</b> Pancakes with light sausage, corn, pear slices, and milk	<b>9)</b> Grilled cheese on whole wheat bread, chicken noodle soup, carrot sticks, fresh apple and milk	<b>10)</b> Tacos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, fresh apple and milk	<b>11)</b> Assorted healthy pizza with fresh garden salad, fresh apple and milk
<b>14)</b> Chicken quesadilla with lettuce, tomato, salsa, peach slices and milk <i>St. Valentine</i> 	<b>15)</b> Egg and cheese sandwich with sausage, hash browns, fruit crisp, and milk	<b>16)</b> Chicken Caesar wrap with baked carrot fries, pear slices and milk	<b>17)</b> Tacos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, peach slices and milk	<b>18)</b> Assorted healthy pizza with fresh garden salad, fresh apple and milk
<b>21) Holiday</b> 	<b>22) Vacation</b> 	<b>23) Vacation</b> 	<b>24) Vacation</b> 	<b>25) Vacation</b> 
<b>28)</b> Homemade chili with baked soft pretzel or mozzarella sticks, carrot and celery sticks, peach slices and milk				

**Center Elementary**  
 65 Silver Street  
 (781)826-2631

**Sylvester Elementary**  
 495 Hanover Street  
 (781) 826-3844

**Cedar Elementary School**  
 265 Cedar Street  
 (781)878-7228

\*Fresh Fruit Alternates Available Daily\*

\*Alternate Hot Meal Available Daily\*

\*Half year prepaids now due\*