

MAY 2011

Hanover High School
287 Cedar Street
(781)878-5450

Breakfast available 7:00am to 7:20am

Students* Special* \$1.00

Adults \$2.00

Juice, milk, coffee, choice of assorted bagels or low-fat muffins, fresh fruit and low-fat Upstate Farms yogurt

Lunch Alternates:

*Low-fat Upstate Farms yogurt parfait cup with fruit and granola

*Prepared salad of the day with meat/cheese and whole wheat roll

*All natural white meat chicken patty sandwich

*Deli turkey sandwich

*Whole wheat bagel lunch with choice of two sides

*Additional alternatives available daily

Salad Bar also available daily

***Lunch alternates served with sides of the day.**

Milk 50¢

Frozen treats 75¢

Fruit 50¢

Snacks \$1.00

Cost of Students Lunch

Student Lunch \$2.25

Premium Lunch \$3.50

Premium Lunch with extra milk \$4.00

Premium Pizza (Fridays) \$3.00

Cost of Adult Lunch

Adult Meal \$3.25

All Adult Premium Lunches \$4.00

Make Checks payable to the:

Town of Hanover

May \$47.25

Please pay at the cafeteria register.






Free and Reduced Price School Meals

Applications are available by contacting Mike Meagher, Food Service Director and on our website.

Please also refer to our website at

www.hanoverschools.org/foodservices
for further information

Please note menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) Homemade Macaroni and cheese with chicken nuggets, carrot, warm fruit crisp and milk	3) Egg and cheese on a bagel with sausage, hash browns, applesauce, orange juice and milk EARLY RELEASE	4) Pasta with mozzarella sticks, fresh garden salad, mixed fruit and milk	5) Grilled cheese with warm soup, carrot sticks, mixed fruit and milk	6) Assorted healthy pizza with green beans, peaches and milk
9) Chicken Cordon Bleu on roll with sweet corn, mixed fruit and milk	10) MANAGER CHOICE 	11) Nachos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, pears and milk	12) Assorted healthy pizza with green beans, peaches and milk	13) Ham and cheese croissant or bagel, hash browns, applesauce, orange juice and milk EARLY RELEASE
16) Nachos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, pears and milk	17) Pancakes with ham, oven roasted potatoes, strawberries, orange juice and milk	18) Quesadillas with lettuce, tomato, salsa, sweet corn, warm fruit crisp and milk SENIOR DAY	19) Turkey gobbler sub with cranberry sauce, sweet corn, apple slices and milk SENIOR DAY	20) Assorted healthy pizza with fresh garden salad, apple slices and milk SENIOR DAY
23) Chicken dippers with rice, carrots, dinner roll, warm fruit crisp and milk	24) Ham and cheese croissant with hash browns, applesauce, orange juice and milk	25) Baked chicken with mashed potatoes, corn cob, cranberry sauce, apple slices and milk	26) Hamburger/cheese burger or gardenburger with lettuce, tomatoes, oven roasted potatoes, apple slices and milk	27) Assorted healthy pizza with green beans, apple slices and milk
30) HOLIDAY 	31) Hamburger/cheese burger or gardenburger with lettuce, tomatoes, oven roasted potatoes, apple slices and milk			

Alternate Meals Available Daily

Assorted Breads Available