

JUNE 2011

Hanover Middle School
45 Whiting Street
(781) 871-1122

Breakfast available 7:15am to 7:45am

Students *Special* \$1.00

Adults \$2.00

Juice, milk, choice of assorted bagels or low-fat muffins, fresh fruit and low-fat Upstate Farms yogurt

Lunch Alternates:

*Low-fat Upstate Farms yogurt parfait cup with fruit and granola

*Prepared salad of the day with meat/cheese and whole wheat roll

*All natural white meat chicken patty sandwich

*Deli turkey sandwich

*Whole wheat bagel lunch with fruit and protein

*Additional alternatives available daily

***Lunch Alternate is served with choice of the main menu sides of the day.**

Milk 50¢

Frozen Treats 75¢

Fresh Fruit 50¢

Snacks \$1.00

Cost of Students Lunch

Student Lunch \$2.25

Premium Lunch \$3.50

Premium Lunch with extra milk \$4.00

Premium Pizza (Fridays) \$3.00

Cost of Adult Lunch

Adult Meal \$3.25

All Adult Premium Lunches \$4.00

Make Checks payable to the:

June \$33.75

Please pay at the cafeteria register.

Free and Reduced Price School Meals













Applications are available by contacting Mike Meagher, Food Service Director and on our website.

Please also refer to our website at

www.hanoverschools.org/foodservices

for further information

Please note menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1) Quesadilla with salsa, lettuce, tomato, pears and milk	2) Chicken parmesan sub and grated cheese, green beans, apple slices and milk	3) Assorted healthy pizza with sweet corn, fresh apple and milk
6) Chicken patty sandwich with oven roasted potatoes, peaches and milk	7) Breakfast variety with hash browns, light sausage, peaches and milk Early release	8) MANAGER CHOICE 	9) Nachos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, peaches and milk	10) Assorted healthy pizza with green beans, apple slices and milk
13) Meatball sub with grated cheese, green beans, mixed fruit and milk	14) MANAGER CHOICE 	15) Ham and cheese croissant with oven roasted potatoes, pears and milk	16) Pasta with meat sauce, grated cheese, sweet corn, peaches, and milk	17) Assorted healthy pizza with carrots, mixed fruit and milk
20) Hamburger/cheese burger or gardenburger with lettuce, tomatoes, oven roasted potatoes, apple slices and milk	21) MANAGER CHOICE 	22) Last Day of School! No Lunch Served Have a great Summer!	23) PLAY!!!! 	24) RELAX!!!! 
27) BEACH!!!! 	28) ENJOY!!!! 	29) SWIM!!! 	30) READ!!! 	 See you in September!

Alternate Available Daily* *Assorted Breads Available *

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HAVE A FUN AND SAFE SUMMER!
DON'T FORGET TO READ!

