


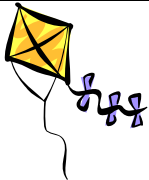



MAY 2011

Hanover Middle School
45 Whiting Street
(781) 871-1122

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) Grilled cheese with soup with carrot sticks, mixed fruit and milk	3) French toast sticks, light sausage, oven hash browns, applesauce, orange juice and milk EARLY RELEASE	4) Baked chicken with mashed potatoes, peas, mixed fruit and milk	5) MANAGER CHIOCE 	6) Assorted healthy pizza with sweet corn, fresh apple and milk
9) Ham and cheese on a warm croissant with oven roasted potatoes, pears and milk	10) Quesadillas with rice, salsa, sweet corn, pears and milk	11) Homemade American chop suey with whole wheat roll, green beans, fresh apple and milk	12) Nachos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, peaches and milk	13) Assorted healthy pizza with green beans, apple slices and milk
16) Chicken parmesan sub and grated cheese, green beans, apple slices and milk	17) Pancakes with light sausage, oven roasted potatoes, strawberries, orange juice and milk EARLY RELEASE	18) Pasta with light meatball, dinner, green beans, peaches, and milk	19) Nachos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, peaches and milk	20) Assorted healthy pizza with sweet corn, fresh apple and milk
23) Hamburger/cheese burger or gardenburger with lettuce, tomatoes, oven roasted potatoes, apple slices and milk	24) Chicken patty with lettuce, tomatoes, oven roasted potatoes, peaches and milk	25) New and tasty macaroni and cheese with hot dog, sweet corn, mixed fruit and milk	26) Nachos with spicy lean beef or shredded chicken and cheese, lettuce, tomatoes, salsa, pears and milk	27) Assorted healthy pizza with carrots, apple slices and milk
30) HOLIDAY 	31) Hamburger/cheese burger or gardenburger with lettuce, tomatoes, oven roasted potatoes, apple slices and milk			

Breakfast available 7:00 am to 7:45am

Students *Special* \$1.00
Adults \$2.00

Juice, milk, choice of assorted bagels or low-fat muffins, fresh fruit and low-fat Upstate Farms yogurt

Lunch Alternates:

*Low-fat Upstate Farms yogurt parfait cup with fruit and granola

*Prepared salad of the day with meat/cheese and whole wheat roll

*All natural white meat chicken patty sandwich

*Deli turkey sandwich

*Whole wheat bagel lunch with choice of two sides

*Additional alternatives available daily

***Lunch alternates served with sides of the day.**

Milk 50¢
Frozen treats 75¢
Fruit 25¢
Side salad 25¢
Snacks \$1.00

Cost of Students Lunch

Student Lunch \$2.25
Premium Lunch \$3.50
Premium Lunch with extra milk \$4.00
Premium Pizza (Fridays) \$3.00

Cost of Adult Lunch

Adult Meal \$3.25
All Adult Premium Lunches \$4.00

Make Checks payable to the:

Town of Hanover

May \$47.25

Please pay at the cafeteria register.

Alternate Meals Available Daily

Assorted Breads Available

Free and Reduced Price School Meals

Applications are available by contacting Mike Meagher, Food Service Director and on our website.

Please also refer to our website at www.hanoverschools.org/foodserves for further information

Please note menu is subject to change