














October 2011



ELEMENTARY SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) Popcorn chicken, mashed potato, steamed broccoli, wheat dinner roll, chilled fruit and milk	4) Chicken noodle soup, grilled cheese on wheat, vegetable sticks with dip, orange smiles and milk	5) American chop suey, garden salad, wheat breadstick, fresh fruit and milk	6) Nacho Platter Supreme, beef or chicken & cheese, rice with corn, lettuce, tomatoes, salsa, mixed fruit and milk	7) Pizza, garden salad, fresh apple and milk 
10) HOLIDAY  Columbus Day	11) Professional Day NO SCHOOL 	12) Baked macaroni & cheese, freshly baked soft pretzel, baby carrots, sliced pears and milk	12) Hamburger or cheeseburger on bun, oven baked fries, sliced pickles, sliced kiwi and milk	14) Pizza, garden salad, fresh fruit and milk 
17) All natural chicken patty on a bun, seasoned potato wedges, sliced pickles sliced peaches and milk	18) Pancakes with syrup, sausage, hash browns fresh banana and milk	19) Chef's Choice 	20) BLT & cheese wrap Broccoli salad, mini pretzels, assorted fruit and milk	21) Pizza, tossed salad, chilled fruit and milk 
24) Chicken teriyaki, twice baked potato, butternut squash, pineapple tidbits, dinner roll	25) Waffle sticks, sausage, 100% juice cup, cinnamon baked apples and milk	26) Breaded mozzarella sticks, pasta shells with sauce & cheese, garlic bread fresh pear and milk	27) Build your own Burrito- chicken, cheese, lettuce, tomatoes, salsa, Spanish rice, mixed fruit and milk	28) Pizza, garden salad and fruited Jell-O and milk 
31) Batty chicken nuggets, Spooky sweet potato puffs, Gruesome green beans, fruit, Halloween cookie and milk				

Lunch Alternates

*Prepared salad of the day with meat/cheese and variety of bread
*Whole wheat bagel with low-fat Stonyfield yogurt and cheese

*Assorted hot and cold sandwiches
* Stonyfield Yogurt, fruit and cereal lunch

***Lunch Alternate is served with choice of the main menu sides of the day.**

Milk 50¢
Fresh Fruit 25¢
Snacks 50¢
Frozen treats 75¢

Cost of Lunch

Student Lunch \$2.25
Adult Meal \$3.50
Adult Premium Pizza Meal \$4.50

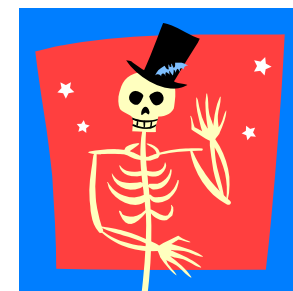
Make Checks payable to the:

Town of Hanover

Please pay at the cafeteria register.

October \$ 42.75
November \$ 40.50
December \$ 36.00
September-December \$162.00
Full Year \$405.00

Please note menu is subject to change



Center Elementary
65 Silver Street
(781)826-2631

Sylvester Elementary
495 Hanover Street
(781) 826-3844

Cedar Elementary School
265 Cedar Street
(781)878-7228

Lynn Petrowski, Food Service Director
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Please also refer to our website at www.hanoverschools.org/foodserves for further information including Free and Reduced Meal Benefit Application