



# October 2011



**Hanover High School**  
**287 Cedar Street**  
**(781)878-5450**

**Breakfast available 7:00am to 7:20am**

**Students\* Special\* \$1.25**

**Adults \$2.00**

Juice, milk, coffee, choice of assorted bagels or low-fat muffins, fresh fruit and low-fat yogurt

**Lunch Alternates:**

\*Low-fat Stonyfield yogurt lunch  
 Prepared salads with meat, cheese and variety of bread  
 Assorted hot sandwiches-varies daily  
 Assorted cold sandwiches & subs-varies daily

\*Whole grain bagel lunch with fruit and protein

\*Additional alternatives available daily

\*\*\*Salad Bar also available daily\*\*\*

**\*Lunch Alternate is served with choice of the main menu sides of the day.**

**Milk 50¢**  
**Frozen Treats \$1.00**  
**Fresh Fruit 50¢**  
**Snacks \$1.00**

**Cost of Lunch**

Student Lunch \$2.50  
 Premium Lunch \$3.50  
 Premium Lunch with extra milk \$4.00  
 Premium Pizza (Fridays) \$3.50  
 Adult Meal \$3.50  
 All Adult Premium Lunches \$4.50

**Make Checks payable to the:**











**Town of Hanover**

**Please pay at the cafeteria register.**

October \$ 47.50  
 November \$ 45.00  
 December \$ 40.00  
 September-December \$180.00  
 Full Year \$440.00

Please note menu is subject to change



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) Homemade chicken soup, grilled cheese on wheat, vegetable sticks with dip, chilled fruit and milk	4) Breakfast pizza bagel, side salad, orange slices and milk  <b>EARLY RELEASE</b>	5) Roasted Chicken, mashed potato, corn on the cob, apple slices and milk	6) Nacho Platter Supreme-beef or chicken, cheese southwestern, roasted potatoes, lettuce, tomatoes, salsa, mixed fruit and milk	7) Pizza, assorted toppings, garden salad, fresh fruit and milk 
10) <b>HOLIDAY</b>  <b>Columbus Day</b>	11) <b>Professional Day NO SCHOOL</b> 	12) Chicken teriyaki, twice baked potato, garlic bread, pineapple tidbits and milk	12) Waffle sticks, sausage, 100% juice cup, cinnamon baked apples and milk	14) Pizza, assorted toppings, garden salad, fresh fruit and milk 
17) Hamburger or cheeseburger on bun, oven baked fries, lettuce, tomatoes, pickles, onions, sliced peaches and milk	18) Buffalo Chicken Wings, roasted red potatoes, garlic breadstick, sliced pears and milk	19) Meatball sub sandwich, pasta & vegetable salad, sliced kiwi and milk	20) Mexican tacos, seasoned beef or chicken, cheese, lettuce, tomatoes, salsa, fresh fruit and milk	21) Pizza, assorted toppings, tossed salad, chilled fruit and milk 
24) Chicken patty parmesan on a bun, broccoli salad, fresh apple and milk	25) Homemade Macaroni & cheese, green beans, sliced peaches and milk	26) Chicken tenders rice pilaf, butternut squash, wheat breadstick, mixed fruit and milk	27) Breaded mozzarella sticks, pasta shells with sauce & cheese, side salad, dinner roll, fresh pear and milk	28) Pizza, assorted toppings, garden salad, fresh fruit and milk 
31) Cheese quesadilla with salsa and sour cream, fiesta rice, fresh fruit and milk				

Lynn Petrowski, Food Service Director  
[lpetrowski@hanoverschools.org](mailto:lpetrowski@hanoverschools.org)

Please also refer to our website at [www.hanoverschools.org/foodservices](http://www.hanoverschools.org/foodservices) for further information including Free and Reduced Meal Benefit Application