



# October 2011



**Hanover Middle School**  
**45 Whiting Street**  
**(781) 871-1122**

**Breakfast available 7:15am to 7:45am**

**Students \*Special\* \$1.25**

**Adults \$2.00**

Juice, milk, choice of assorted bagels or low-fat muffins, fresh fruit and low-fat Upstate Farms yogurt

**Lunch Alternates:**

- \*Low-fat Stonyfield yogurt lunch
- \*Prepared salads with meat, cheese and variety of bread
- \*Assorted hot sandwiches-varies daily
- \*Assorted cold sandwiches & subs-varies daily

\*Whole grain bagel lunch with fruit and protein

\*Additional alternatives available daily

**\*Lunch Alternate is served with choice of the main menu sides of the day.**

**Milk 50¢**

**Frozen Treats \$1.00**

**Fresh Fruit 50¢**

**Snacks \$1.00**

**Cost of Lunch**

Student Lunch **\$2.50**

Premium Lunch **\$3.50**

Premium Lunch with extra milk **\$4.00**

Premium Pizza (Fridays) **\$3.50**

Adult Meal **\$3.50**

All Adult Premium Lunches **\$4.50**

**Make Checks payable to the:**

**Town of Hanover**

**Please pay at the cafeteria register.**

October **\$ 47.50**












November **\$ 45.00**

December **\$ 40.00**

September-December **\$180.00**

Full Year **\$450.00**

Please note menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) Chicken tenders, rice pilaf, lemon zest broccoli, dinner roll, chilled fruit and milk	4) Chicken noodle soup, grilled cheese on wheat, vegetable sticks with dip, orange smiles and milk	5) American chop suey, garden salad, wheat breadstick, fresh fruit and milk	6) Nacho Platter Supreme-beef or chicken, cheese southwestern, roasted potatoes, lettuce, tomatoes, salsa, mixed fruit and milk	7) Pizza, assorted toppings, garden salad, fresh apple and milk 
10) <b>HOLIDAY</b>  <b>Columbus Day</b>	11) <b>Professional Day NO SCHOOL</b> 	12) Baked macaroni & cheese, buffalo chicken wings, baby carrots, sliced pears and milk	12) Build a Burger Hamburger or cheeseburger on bun, oven baked fries, lettuce, tomatoes, pickles, onions, sliced kiwi and milk	14) Pizza, assorted toppings, garden salad, fresh fruit and milk 
17) Chicken parmesan patty on a bun, broccoli, salad, sliced peaches and milk	18) French toast with syrup, sausage, hash browns, fresh banana and milk  <b>EARLY RELEASE</b>	19) <b>Chef's Choice</b> 	20) Mexican tacos, seasoned beef or chicken, cheese, lettuce, tomatoes, salsa and milk	21) Pizza, assorted toppings, tossed salad, chilled fruit and milk 
24) Chicken teriyaki, twice baked potato, pineapple tidbits, garlic bread and milk	25) turkey bacon mozzarella melt on a bulkie, potato puffs, cinnamon baked apples and milk  <b>EARLY RELEASE</b>	26) Breaded mozzarella sticks, pasta shells with sauce & cheese, side salad, dinner roll, fresh pear and milk	27) Build your own burrito-chicken, cheese, lettuce, tomatoes, salsa, Spanish rice, mixed fruit and milk	28) Pizza, assorted toppings, salad, fruited Jell-O and milk 
31) Haunted popcorn chicken, Spooky sweet potato puffs, Gruesome green beans, fruit, Halloween cookie and milk				

**LOOK**

**AT THIS! COMING SOON ! WATCH FOR OUR ON-LINE PRE-PAYMENT PLAN**

Lynn Petrowski, Food Service Director  
[lpetrowski@hanoverschools.org](mailto:lpetrowski@hanoverschools.org)

Please also refer to our website at [www.hanoverschools.org/foodserves](http://www.hanoverschools.org/foodserves) for further information including Free and Reduced Meal Benefit Application