

Body Mass Index Policy

As required by Massachusetts Department of Public Health (“MDPH”) regulation 105 CMR 200.500, the Hanover Schools will conduct Body Mass Index (BMI) screenings for each student in grades 1, 4, 7 and 10. The school will calculate the corresponding BMI percentile and will record the results in the student medical record.

The screening and reporting process shall be conducted as follows:

- (A) Measurement of weight and height shall be done by trained ~~registered nurses~~ school personnel employed by the Hanover Schools, and in accordance with guidelines of the MDPH.
- (B) Prior notice of the screening and the benefits of the screening shall be provided by the parent or legal guardian by any reasonable means.
- (C) Every effort shall be ~~made~~ made to protect the privacy of the student during the screening process. ~~To ensure confidentiality, trained school personnel shall not disclose the height, weight or BMI calculations of an individual student, either verbally or in written form, to anyone other than the parent or individual student without written permission of the parent and in the communication of information about the student's BMI to the parent or legal guardian.~~
- (D) The student's height, weight, BMI score and corresponding percentile shall be recorded and maintained in the student's school health record. Upon request of the parent and/or legal guardian, the BMI score shall be provided to the parent and/or legal guardian.
- (E) A letter recommending an evaluation of the student's BMI results may be sent privately to the student's parent or guardian at the school nurse's discretion
- (F) ~~A report of each student's BMI and percentile, along with easily understood informational and explanatory materials provided or approved by the MDPH on BMI, healthy eating and physical activity, shall be mailed or otherwise directly communicated in writing to the parent or guardian of the student, in accordance with guidelines of the Department. The materials shall indicate that questions about a student's healthy weight should be discussed with the student's primary care provider.~~
- (G) ~~The MDPH shall be provided annually with student BMI data, by school or school district, as specified in guidelines of the MDPH~~ The school or school district will provide the MDPH annually with aggregate student BMI data including totals by grade, gender and BMI category, as specified in guidelines of the department.
- (H) ~~A copy of the student's BMI score shall be maintained in the student's school record. With the consent of the parent or legal guardian, a copy shall be provided to the student's primary care provider~~
- (I) Parents and legal guardians shall be provided with an opportunity to request, in writing, that their child ~~'s measurements not be taken~~ not participate in the program. Such requests shall be directed to the building principal and/or the school nurse

Legal references: 105 C.M.R. 200.500
M.G.L. c. 71, sec. 57
20 U.S.C. 123h (PPRA)