

Field Trip Request For Approval Form

Please Note: Written proposal and justification for Field Trips must be submitted to the principal for approval. Requests for out of state travel and/or late night/overnight travel must be approved by the School Committee at least six (6) months in advance.

Today's Date	September 3, 2015		Classes Participating		
Teacher	Kelly Lawrence				6 th - 8 th grade cross country program team members have the opportunity to participate. Optional – not mandatory
Grade/Subject	Office of Family and Community Engagement				
Date of Field Trip	Friday, September 25, 2015				
Site of Field Trip	Ocean State Cross Country Invitational Goddard Park, 1095 Ives Rd Warwick, RI 02818				
Time of Departure from the School	12:30PM				
Time of Departure from the Field Trip Site	6:30PM				
Estimated Time of Arrival Back at School	8:00PM				
Type/number of Buses or Vans	<input checked="" type="checkbox"/> Bus <input type="checkbox"/> Van Number needed: TBD		Number of Students	TBD based on number of students who sign up to participate.	
Cost of Transportation/ Cost per student	Cost: # ____ X \$ ____ = ____ Cost per student: See below		Number of Teachers	• 3 Coaches • 1 nurse (additional if needed)	
Cost of Admissions or Fees, Per Student	Cost per student: See Below		Number of Chaperones	A minimum of 4 Office of Family and Community Engagement Staff (additional as needed based on # of students)	
Total Cost Per Student for Field Trip	No additional cost to families as all costs are built into the Cross Country Program Fee.		Total Number of Participants	TBD based on number of interested team members	

Field Trips – Educational Experiences.

Field Trips should be designed and planned as one of an array of multiple and varied opportunities for students to gain and apply knowledge and understanding of content, concepts, and skills. Field Trips should be educational, academic experiences which:

1. directly relate to the curriculum standards being taught
2. enhance learning
3. motivate and engage learners
4. enrich the curriculum
5. extend the learning
6. offer a source of facts and new learning materials not immediately available in the classroom or school.

Field Trips – Safe and Valuable Experiences.

In addition to the obligation to plan educationally sound field trips, is the serious obligation to ensure that all field trips are safe, secure, and viable learning experiences. Field Trips should be designed and planned to:

7. begin and end within the limits of the times that the children who are participating would usually be in session in school ensure safety
8. avoid potential risks
9. include a well-planned schedule of events
10. meet the learning needs, development levels, and learning profiles of students
11. include accommodations and/or modifications for those in need.

Field Trip Proposal:

The Office of Family and Community Engagement would like to bring our 6-8th grade Cross Country Program participants to Warwick, RI to participate in the Ocean State Cross Country Invitational. If approved, students will be given the option to participate in the event. Based on the total number of students who wish to participate, we will register both a boys and girls team for the Middle School Division races.

Relevance to Curriculum (reference criteria above):

This is a wonderful opportunity for our team to participate in a large scale invitational with other teams from across New England. In addition to promoting physical activity and wellness, students will build confidence while fostering good sportsmanship and community.

Plans for Involvement and Safety (reference criteria above): Please see attached documents showing race schedules and event details. We will be bringing one nurse (more if needed based on medical needs) with us to ensure the good health and safety of our students.

Signature of Teacher		Signature of Principal	<i>Kelly A. Lawrence</i>
Date		Date	9/4/15
This will be placed on the <u>9/16/15</u> Committee Agenda		Date of School Committee Meeting: _____	
		<input type="checkbox"/> Approved <input type="checkbox"/> Not Approved	



September 25-26, 2015

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Middle School Races:

Ocean State Cross Country Invitational: Middle School Division

Date:

Friday, September 25, 2015 (rain or shine) 3:45 p.m. – 6:30 p.m.

Sanction:

Requested for all middle schools in RI, MA, and CT through the RI Principals' Committee on Athletics Grades 6-8

Host Institution:

North Kingstown High School – North Kingstown, Rhode Island

Meet Directors:

Charlie Breagy, Anne Rothenberg, Bob Rothenberg – Meet Management by Downtown 5K, Inc.

Contact:

Bob Rothenberg – 401-294-9946 or help@oceanstatexc.com

Course:

Goddard Park, 1095 Ives Road, Warwick, Rhode Island 02818. 2,000 meters (1.4 miles), grass and dirt paths, moderate hills, mostly flat.

Directions:

From the North: Rte. 95 S to exit 9 (left-hand exit) onto Rte. 4 S. Immediately exit at Rte. 401/East Greenwich. Right at light onto 401/Division St. One mile curve right onto First Ave. Turn right at light onto Main St. One-half mile at light, turn left onto Old Forge Rd. Old Forge becomes Ives Rd. One mile to park entrance on left.

From the South: Rte. 95 N to exit 8A/Rte. 2 S. At first light, turn left onto Rte. 401 E/Division St. Follow directions above.

Entry Info:

All entries will be submitted on-line. Entries will close on Sunday, September 20, 2015 at 5:00 PM. A list of schools competing in each race will be posted by Wednesday, September 23 at 9:00 PM.

Entry Fee:

\$60.00 Boys
\$60.00 Girls
OR
\$10.00 per individual runner

Once your entries have been registered on line and the entries close, your school is responsible for the entire entry fee. Adjustments will not be made for no-shows.

Entry fees should be made payable to: "Downtown 5K, Inc."

Entry fees may be mailed to: Bob Rothenberg, 229 Seabreeze Drive, North Kingstown, RI 02852.

Meet Rules:

Guidelines provided by the National Federation of State High School Associations rule book. Please note in particular the articles dealing with uniforms and unsportsmanlike conduct. Coaches and other non-competitors are urged to stay off the runners' path in the woods. No bikes or other vehicles are permitted.

Parking:

Park rangers will direct cars to ample parking available within the park. Buses will be allowed to drop off passengers and then follow directions to park in designated areas.

Facilities:

Bathrooms and food concession available. T-shirts will be sold at the meet. No lockers or showers available at race site. Team tents/canopies permitted.

Schedule:

All races will start on time. Please limit entries to those athletes who can finish within the allotted time for each race.

3:45	Race 1	7th Grade Girls
4:10	Race 2	7th Grade Boys
4:35	Race 3	6th Grade Girls
5:00	Race 4	6th Grade Boys
5:25	Race 5	8th Grade Girls
5:50	Race 6	8th Grade Boys
6:10	Awards Ceremony	

Awards:

Individual awards for the places 6-30 in each race will be distributed in the chute. The top 5 individual awards and all team awards will be presented on the awards platform.

- All Races Awards to the top 30 individuals
- Awards to the top 3 teams

Reminder:

The schedule remains the same as last year. The order of events will be 7th graders, followed by 6th graders, followed by 8th graders.



September 25-26, 2015

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Ocean State Cross Country Invitational

Time Schedule 2015

Friday

Middle School Races

3:45	Race 1	7th Grade	Girls
4:10	Race 2	7th Grade	Boys
4:35	Race 3	6th Grade	Girls
5:00	Race 4	6th Grade	Boys
5:25	Race 5	8th Grade	Girls
5:50	Race 6	8th Grade	Boys
6:10	Awards Ceremony		

Saturday

8:00 Open 5K Trail Run

High School Races

9:00	Race 1	Freshman - 2	Boys
9:25	Race 2	Freshman - 2	Girls
9:50	Race 3	Junior Varsity - 2	Boys
10:20	Race 4	Junior Varsity - 2	Girls
10:55	Race 5	Varsity - 2	Boys
11:20	Race 6	Varsity - 2	Girls
11:50	Opening Ceremony		
12:00	Race 7	Championship	Boys
12:30	Race 8	Championship	Girls
12:50	Awards Ceremony for Races #1 - 8		
1:10	Race 9	Varsity - 1	Boys
1:35	Race 10	Varsity - 1	Girls
2:05	Race 11	Junior Varsity - 1	Boys
2:35	Race 12	Junior Varsity - 1	Girls
3:10	Race 13	Freshman - 1	Boys
3:35	Race 14	Freshman - 1	Girls
3:45	Awards Ceremony for Races # 9 - 14		

1 = Smaller Schools

2 = Larger Schools