

Coordinating Teacher:

Emeline Dhommée
Hanover High School

October, 19th 2016

***Proposal for the
French Exchange Program between
Hanover High School and Le Lycée Saint-
François d'Assise in La Roche-sur-Yon,
France***

Destinations: Paris and La Roche-sur-Yon, France

Dates: April, 7th-April 21st 2018 (Host French students in HHS from October 13th to October 27th 2017)

Anticipated number of students: 20 American/20 French

Anticipated number of chaperones (school staff): 2 or 3

Cost to the student: about \$3,000 (to include both sides of the Exchange (full 4 weeks) as well as chaperones expenses)

Agenda

I- Benefits of an exchange program

***II- Who is Le Lycée Saint-François d'Assise in
La Roche-sur-Yon, France?***

III- Organization of the exchange

IV- Academic Requirements for the students

V- Cost breakdown of the exchange

VI- Documents to review

I- Benefits of an exchange program

[*NATIONAL ASSOCIATION OF SECONDARY SCHOOL PRINCIPALS. NASSP BULLETIN, by Terehoff, Irina*](#)

“At their heart, foreign exchange programs are about opening minds, seeing things in a new way, and looking at old problems in a fresh light. They are about realizing that our way is neither necessarily the best nor the only way to handle a certain situation. They allow students to learn from their peers, not just from across town, but from across the planet, across cultures, and across history.”

There are many benefits participating in an exchange program. These benefits are:

a. Educational

- After traveling in another country, students have a **better understanding of different cultural and community perspectives**, and they develop more interest in global issues.
- Language acquisition happens through **practical immersion**.

b. Personal

- **Self-confidence and self-esteem** are enhanced by the necessity to confront challenges outside a familiar support network and comfort zone.
- Students develop **life-long friendships**.
- Students become **more independent** because they need to face several challenges, they need to adapt to a new environment.

c. Historical and political traditions

- Our two countries are united by a friendship that goes back more than 200 years, which makes France the oldest ally of the United States.

Participating in this exchange program is a way of renewing/continuing **the French American Alliance!** Not just for the participants though, but also for their families and our two communities. This type of experience brings people, families and community closer together!

d. Practical

Not only students make new friends, improve their French, have fun, but they will also **enhance their college application!**

So, here are the educational objectives of this program for our students:

Students will...

1. Investigate similarities and differences between French and American Culture.
2. Bridge the gap between American and French cultures by recognizing that our way is not the only way of thinking and by developing an appreciation for new perspectives.
3. Deepen the friendship that exists between France and America since the 18th Century.
4. Develop critical, creative thinking, and problem solving skills which will help students prepare for college entry in fields such as American Foreign Service, International Relations, the Travel Industry, the Arts, Humanities, Business Administration, Interpretation, Translation, Transportation Technologies, Law, Medicine, Sports, Aviation, and International Diplomacy.
5. Enhance their French skills through interpersonal/intrapersonal interactions in an authentic setting.
6. Identify Parisian monuments, navigate the Paris metro system, and appreciate different time periods in France by tracing French History from prehistoric times to the present.
7. Develop lifelong Friendships.
8. Connect this learning experience with many facets of life.

II- Le Lycée Saint-François d'Assise (LSFA)

The Saint-François d'Assise High school in France is a private catholic high school located in the downtown of La Roche-sur-Yon, in the west part of France, close to the Atlantic Ocean. (<http://www.stfrancoislaroche.fr/accueil/saint-francois-d-assise/presentation/>)

LSFA has been organizing a successful exchange program with Triton Regional High School every other year since 2008. The number of their students interested in that exchange pushed LSFA to look for another American High School interested in a similar exchange. Mr. Matthew Paquette who participated in an exchange with them in 2009 put me in contact with the coordinator of the program: Ghislain Fauchard. Under his guidance and experience, I decided to launch this adventure for our students. Our French exchange last year was a true success! 20 of our students did host the 20 French students, but their visit did impact many more students than those 20. Emily-Rose Manser expressed it in the following words: "It was like if France did visit our school."

III- Organization of the exchange

How does this exchange program work?

1. From November through April 2016: Students will fill a **student interest exchange application form** (see Document D) out. After being selected and after sending their first payment to Forum Prometour, they will fill a **host application form** (see Document E) so that we can match them with a participant from France. They will then start communicating.

2. October 13-27, 2017: French students will be visiting us!

About 20 French exchange students will visit us during the last two weeks of October in 2017. Students will welcome their French exchange students who will stay with them at home. During their stay, they will join them at school in their different classes. On some afternoons, activities will be organized at school or around Hanover. On specific days, field trips will be organized just for the French exchange students, some others for both the American and the French students (Freedom trail in Boston, JFK Museum, Plimoth Plantation as examples). During the weekend, host families will organize activities. (See Document C "Schedule of activities in US".)

3. April 7-21, 2018: American students will travel to France!

It will be our turn to visit our French exchange students. 23 American students and their chaperones will leave on Saturday night a week before April vacation. They will stay the first three days in Paris. (See the Prometour itinerary, Document A). Then, they will go to La Roche-sur-Yon. The students will follow their exchange students in their classes. Great activities will be organized by LSFA (biking on the Yeu island, visiting Nantes, going to the Puy du Fou interactive museum, etc.). During the weekend, they will stay with their student host family. (See Document B for Schedule of activities in La Roche-sur-Yon).. Then, on Friday or Saturday, they will return to Boston.

IV- Costs of the exchange program

It will cost **between \$2,600 and \$2,700** for the trip to France, depending upon the number of participants, nights in Paris and travel airfares.

I will have to ask for **\$300** for all the field trips and activities we will organize around Boston while the French students stay with us.

Note: Some of these costs should be reduced through different **fundraising events** we will organize with the participating American students.

See Documents F and G regarding the insurance policy of Forum Prometour and their liability information.

V- Academic requirements

American students will be studying French Language and Culture, International Relations, Monuments of Paris and the Vendée of today and yesterday with a special focus on the American and French Revolutions and their respective influences on one and another.

Students will be given study units and pedagogical folder on these different subjects. They will also be asked to write in their journal about their observations of France. A vocabulary notebook should serve to enter any new vocabulary they learned there.

VI- Documents to review

See the attached documents

- a. The itinerary of the trip in Paris from Forum Prometour with cost (Document A)
- b. The schedule of activities in France (Programme des visites) (Document B)
- c. The schedule of activities in US (Fields trips and activities in US) (Document C)
- d. The student interest application form (Document D)
- e. The host application form (Document E)
- f. The permit, insurance and liability information from Prometour (Document F)
- g. The travel insurance quick chart for the trip from Prometour (Document G)

Let's embark on this adventure! Let's make it happen!

Heureux qui, comme Ulysse, a fait un beau voyage,
Ou comme cestuy-là qui conquiert la toison,
Et puis est retourné, plein d'usage et raison,
Vivre entre ses parents le reste de son âge ! [...]

*Happy, the man who finds sweet journey's end,
Like Ulysses, or he of the Golden Fleece,
Returning home, well-travelled, wise, to Greece:
To live life out, among his own again! [...]*

Rien ne développe l'intelligence comme les voyages. (Emile Zola)
Nothing develops intelligence such as travel.



YOUR ITINERARY

FRANCE

Exchange program in La Roche-sur-Yon and visit of Paris

April 7 to 20, 2018

(Dates of travel to be confirmed upon flight booking)

HANOVER HIGH SCHOOL

visite

LE LYCÉE SAINT FRANÇOIS D'ASSISE

14 DAYS / 12 NIGHTS



DAY 1: USA - FRANCE (Saturday)

- Fly through the night to Paris

DAY 2: PARIS (Sunday)



- Upon arrival in Paris, your French Forum Tour Manager will greet you at the airport and remain with you throughout your stay in the capital.
- Transfer by private motor coach to your centrally-located hotel and drop off your bags.
- This afternoon, stroll down the most famous avenue of the capital, the **Champs-Élysées**. See the Arc de Triomphe. See the Tomb of the Unknown Soldier.
- Walk through "le Trocadéro" and view "la Ville Lumière" from the third floor of the **Eiffel Tower**.
- Afterwards, board a glass-topped **Bateau Mouche** and enjoy a refreshing cruise on the Seine River.
- Have dinner at a **traditional Brasserie Parisienne**.
- Enjoy a night stroll of the illuminated Paris.



DAY 3: PARIS (Monday)

- Breakfast at your hotel.
- This morning, discover the **Musée du Louvre**. Its famous collection of art and antiquities includes the *Mona Lisa*.
- Make a stop at the **Boulangerie-Pâtisserie Gosselin** to see how they make French baguettes and croissants (*includes a tasting*).
- Continue to **Île de la Cité**. Visit the gothic **Cathédrale Notre-Dame**. Climb the **towers** to experience the view as well as a glimpse of the famous gargoyles.
- Then, enter the **Sainte Chapelle**, a masterpiece of Flamboyant Gothic architecture built by Saint Louis. Discover its unique stained glass windows rendering the air iridescent with light and colour, symbols of the Heavenly Jerusalem.
- Later, explore the **Marais Quarter** with your Tour Manager. The neighbourhood, which takes its name from the marshes on which it was originally built, has long been the home of Parisian aristocrats.
- Have some free time for shopping!
- Enjoy dinner at a **Crêperie**.



DAY 4: PARIS - VERSAILLES (Tuesday)



- This morning, take the RER train to Versailles, the palace of the "Sun King".
- Enjoy a **guided visit** of the extravagant **Château de Versailles**; walk in the footsteps of Louis XVI and Marie-Antoinette and of President Jefferson and Wilson.
- Then, explore the elegantly **landscaped palace gardens**.
- Later in the afternoon, return to Paris and head up to the highest point in Paris, **Montmartre** (known locally as La Butte). Climb the steps to reach the **Sacré-Cœur**, Montmartre's hilltop church and most famous landmark.

FORUM

LANGUAGE EXPERIENCE

YOUR ITINERARY

- Enjoy a delicious **fondue** in a local restaurant!
- Overnight in Paris.

DAY 5: PARIS - LA ROCHE-SUR-YON (Wednesday)

- This morning, visit the **Musée d'Orsay** to see its extensive collection of 19th and 20th century art.
- After some free time for lunch, board your TGV train to **La Roche-Sur-Yon**.
- Upon arrival at school, your pen pals and their families will welcome you.

DAYS 6 - 13: EXCHANGE PROGRAM (Thursday - Thursday)

Exchange Program organized with Lycée Saint François d'Assise of La Roche-sur-Yon.

DAY 14: RETURN (Friday)

- This morning, say "À bientôt" to your French family.
- Drive to Nantes airport in your private motor coach for your return flight home.

A bientôt et bon voyage !





YOUR ITINERARY

PRICE PER PERSON SHEET

This is a privately operated tour - you will not be combined with another group!

| PRICE PER PERSON | | PAYMENT SCHEDULE | |
|-----------------------|----------|---------------------------------|---------|
| 20 + participants | \$ 2,470 | March 15th, 2017 | \$ 500 |
| 16 to 19 participants | \$ 2,550 | June 15th, 2017 | \$ 500 |
| 13 to 15 participants | \$ 2,650 | September 15th, 2017 | \$ 500 |
| 10 to 12 participants | \$ 2,790 | November 15th, 2017 | \$ 500 |
| | | February 10th, 2018 | Balance |
| | | <i>Online options available</i> | |

PRICE INCLUDES:

- * Roundtrip Airfare* (Boston/Paris/Nantes/Boston)
- * Departure taxes and Airline fuel surcharges at \$671 per person

While on Tour:

- * Associated transportation costs while in France
- * 3 nights accommodation in 3* hotels in multiple occupancy
- * 3 Breakfasts / 3 dinners (*includes one beverage and a vegetarian option*)
- * All cultural and aforementioned visits, activities, tours and admissions
- * Service of a dynamic professional French Tour Manager with the group in Paris (native from France)
- * 2 free chaperones regardless of the group size

PRICE DOES NOT INCLUDE:

- * Applicable airline baggage charges according to their policies

Tips are at your discretion – these are standard guidelines

- Forum Tour Director: 3 Euro per day, per person
- Bus Drivers: 1 Euro per day, per person

Exchange rate: Prométour has quoted this package at an exchange of 1 € = 1.15 USD. In the event of a significant change, Prométour may be required to revise the final price of your tour 60 days prior to your departure.

Exchange Program organized in between Hanover H.S. and le Lycée Saint François d'Assise:

- * French host family stay (9 nights)
- * Meals with the host families (exceptions might apply)
- * Classes and workshops during the exchange program (confirmed between the partner schools prior to departure)

Forum By Prometour has purchased the **Student Protection Plan from Travel Insured International** on behalf of all participants. Cancel For Any Reason is an available option that must be purchased at the time of trip deposit.

Date of quote: October 7, 2016
These prices are valid until: First payment deadline
Your Tour consultant: : Anaïs Boschet

HHS – SFDA (April 12th-20th)
A la découverte de la Vendée et de Nantes

| <u>12/04/16 : LRSY</u> | <u>13/04/16 : Nantes</u> | <u>14/04/16 : Puy du Fou</u> | <u>15/04/16 : Sud Vendée</u> |
|--|---|--|---|
| -Arrivée en gare de la Roche sur Yon à 17h13 | -Découverte des Machines de l'Ile. -Visite du château des Ducs -Shopping en ville -Départ 8h15, retour 18h45 | -Visite du Parc -Départ 8h45, retour 18h45 | -Ballade en barque sur la Venise Verte. -Départ 8h45, retour 16h |
| <u>16 et 17/04/16</u> | <u>18/04/16 : SFDA</u> | <u>19/04/16 : Cuisine</u> | <u>20 et 21/04/16</u> |
| -Week end en famille | -Les élèves suivent leurs correspondants en classe. | -Cours le matin. -Atelier de confection de pain et de brioche l'après-midi. | -Cours le matin -Pot de départ en soirée. <i>(local slang : see you soon)</i> |

Schedule of activities in US for the French and American students

October 9th-23rd, 2015

Friday, October 9 /Saturday, Sunday, October 10-11– WELCOME TO THE USA!!

Flight from France lands at Boston's Logan Airport at 6:25 pm. A bus will take us to the airport at 5:15 pm. We will greet our correspondent(e) at the airport. We should be back at Hanover around 8pm. French students will rest in their host family on Saturday and Sunday.

Monday, October 12 – No School- Columbus Day

French students will stay with their host family.

Tuesday, October 13 – School

7:25 am French students will tour HHS, HMS and Cedar Elementary schools. Let's make them complete a treasure hunt to learn more about the American Public school system.

11: 28 am The French correspondent(e) will spend the rest of the day accompanying their American counterparts to their classes. They will shadow them for the remainder of the day.

2:16 pm Return to their host family's home with their correspondent(e) by bus, car or on foot after school.

Wednesday, October 14 – Plymouth, Mayflower and Plimoth Plantation (just for the French students):

<http://www.plimoth.org/>

8:30 am Meet at the Front Entrance of HHS to board the bus to Plymouth.

9:15 am Reservation for self-guided tour of Plimoth Plantation

11 am-12pm: Picnic lunch on-site.

12:30pm: Self-guided tour of Mayflower II

2pm: Walk in the harbor, stop for an ice cream, see the Plymouth rock, visit the Pilgrim Hall

3:00 pm Return to Hanover, pick-up at Front Entrance of HHS.

Thursday, October 15 – Salem (for the French and the American students)

7:45 am Meet at the Front Entrance of HHS and board a bus to Salem, MA.

9:30am Guided tour of Salem Witch Museum.

11:00am Visit of the Cemetery.

Picnic lunch

12:30pm Guided tour of the House of Seven Gables.

2:30pm Depart from Salem for Hanover.

Friday, October 16- School

7:25am The French correspondant(e) will spend the day accompanying their American counterparts to their classes. They will shadow them for the remainder of the day.

2:16 pm Return to their host family's home with their correspondant(e) by bus, car or on foot after school

Football Homecoming Game in the evening!

Weekend, October 17-18 in Host family

Homecoming dance on Saturday night!

Monday, October 19 – Concord/Lexington (for the French and the American students)

7:40 am Meet at the Front Entrance of HHS and board a bus to Lexington, MA

9:15 am Reservation at the Minuteman National Historical Park in Lexington. See the "Road to revolution" film, experience "Muster the Minute Men!" (a ranger program at the Hartwell Tavern), see the Old North Bridge

10:30pm Self-guided tour at the Concord Museum

Picnic lunch

12:30pm Visit the Thoreau's cabin and Walden Pond.

2 pm Depart from Walden Pond for HHS.

Tuesday, October 20 – School

7:25am The French correspondant(e) will spend the day accompanying their American counterparts to their classes. They will shadow them for the remainder of the day.

2:16 pm Return to their host family's home with their correspondent(e) by bus, car or on foot after school.

Wednesday, October 21 – Freedom Trail (just for the French students)

8 am: Meet at the Front Entrance of HHS to board a bus to Downtown Boston.

9:30 am: Guided tour of the Freedom Trail

11 am Free time, shopping around Quincy Market, lunch.

12:30 pm See the Old North Church and the Paul's Revere's House before taking the ferry to Charlestown.

Self-guided visit of the U.S.S. Constitution and the Bunker Hill Monument and museum

3pm Return to HHS

Thursday, October 22 – Prudential Center, Back Bay, Newbury Street, Public Gardens/Skywalk, and Harvard/Cambridge (for the French and the American students)

7:45 Meet at the Front Entrance of HHS, and board a bus for the Prudential Center

9am : Spend some time shopping on Newbury Street in Boston, see the Boston Public Library, Trinity Church

10 am: Tour of the Prudential Skywalk

Picnic lunch on the grass in front of Trinity Church

12:30pm Guided tour of Harvard Campus, free time in Cambridge at Harvard Square.

3pm Return to HHS

Friday, October 23 – BON VOYAGE!

7:25am The French correspondent(e) will spend the day accompanying their American counterparts to their classes. They will shadow them for the remainder of the day.

3:30-5:30 pm A good-bye party for all families and the correspondants. Halloween theme!?

5:30pm/6pm Our French correspondants leave for France. Take off at 8:55pm. A bus from Hanover will take them to the airport.