

# HANOVER PUBLIC SCHOOLS SCHOOL COMMITTEE HEALTH AND WELLNESS UPDATE

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# Overview

- Health Services Snapshot
- Improvements
  - MDPH Partnership
  - Resource Manual
  - Vision Screening
  - Massachusetts Immunization Information System
  - Emergency Procedures
  - Substitute School Nurse Staffing
  - Medicaid Expansion
  - Medication Delegation
- Substance Use Prevention: SBIRT
- Anti-Bias Leadership Team
- 2018-2019 Wellness Committee Goals



# SNAPSHOT

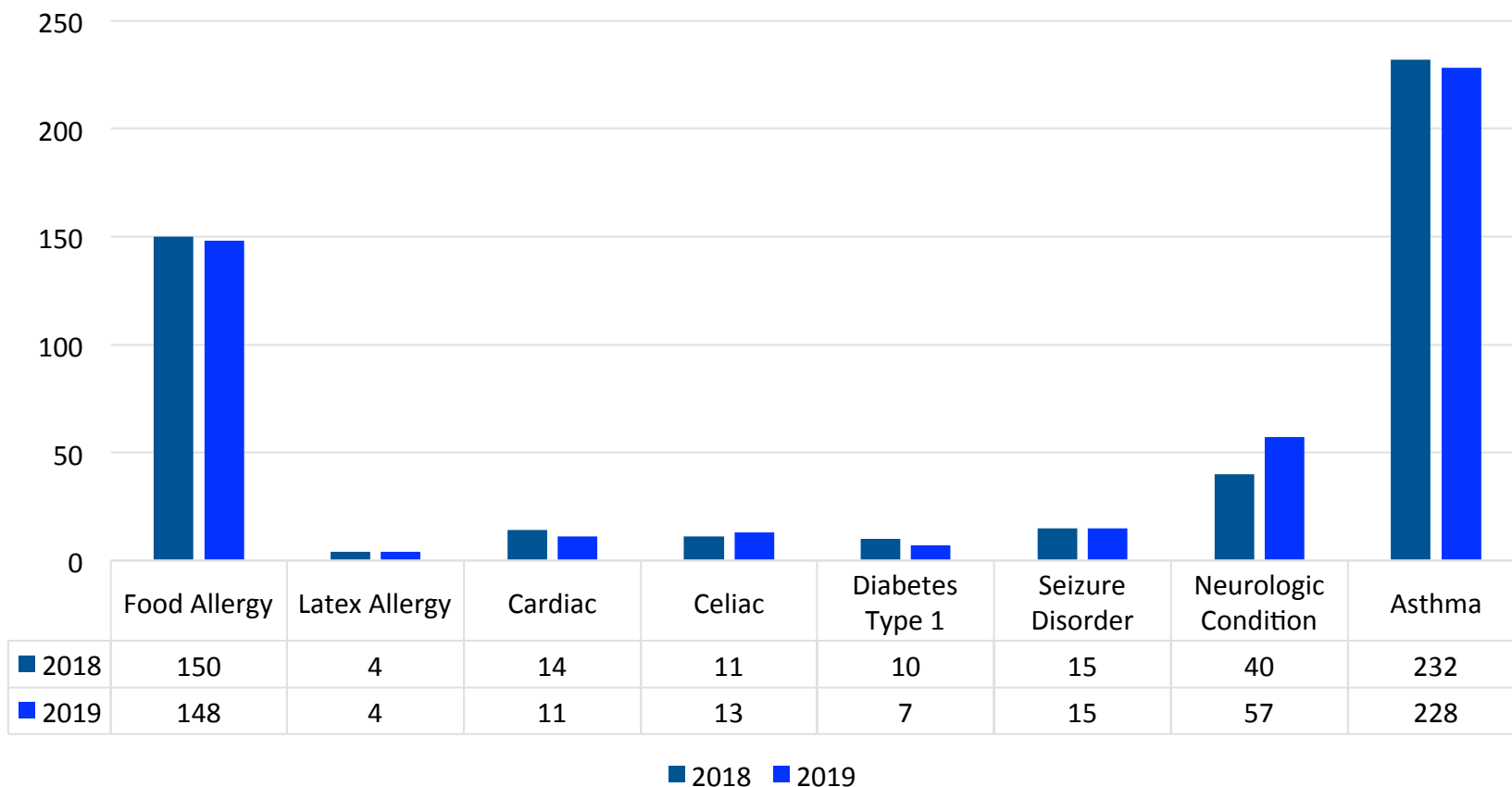
Health Services Overview





# Medical Conditions 2017-2019

## Medical Conditions





# Screenings 2017 - 2018

	BMI	Hearing	Postural	SBIRT	Vision
Screen	624	1232	734	384	1759
Re-Screen	N/A	105	N/A	N/A	49
Referrals	0	108	25	0	53



# Student Encounters 2017 - 2018

- Number of individual events: 46,987
- Nursing Encounters (not screening): 26,770
- Students who encountered nurse at least once: 2,301
- Return to Class Rate: 92.5%
- Scheduled Prescriptions: 53
- PRN Prescriptions: 285



# IMPROVEMENTS

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2018 - 2019





# MDPH Partnership

- Partner with mentor district (Plymouth)
- Stipend
- Professional development
- Resources
- Collaboration





# Screenings

- All screenings (other than SBIRT) completed before Thanksgiving break
- SPOT Vision Screener
- Addition of SBIRT
- Increased resources



# MIIS

- Massachusetts Immunization Information System
- State-wide database
- Input from provider
- Access: authorized entities (schools)
- Parent may opt out
- Official record of immunization



# Resource Manual

- Yearly Topics
- Best Practice
- Basis: Law, regulation, research
- Examples:
  - Communicable Diseases
  - Concussion
  - Screenings
  - Animals in School
  - Field Trips
  - Medication Administration



# Safety/Emergency Planning

- AED in Schools Law
- Bleeding Stations
- Collaboration with Hanover Fire Department
- Emergency Medical Response Drills
- Staff training



# Substitute Nurse Staffing

- Proxy
- Compensation
- Training/Support
- 100% coverage of health offices
- Minimal use of “agency” nurses



# Medicaid Expansion

- Monetary reimbursement to Town of Hanover
- Eligible Students: Mass Health
- Covered Services
- Expansion of covered services and students who are covered (no longer require IEP)



# Medication Delegation

- Register every two years with MDPH
- Oral medication only (except epinephrine)
- At the discretion of the school nurse
- Properly trained staff
- Parental permission required
- Only for before/after school and field trips
- School nurse on duty in district at all times



# SBIRT

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Screening, Brief Intervention  
and Referral to Treatment







## M.G.L. Chapter 71, Section 97

- Verbal tool to screen for substance use disorders (SBIRT)
- Annually
- 1 grade in Middle School, 1 in High School
- Parents notification – prior year
- De-identified aggregate results to DPH
- Pupil or parent/guardian may opt out (writing)
- Responses confidential unless immediate medical emergency or student consent
- Referral to in-house staff with student written consent
- No identifying documentation
- Protection from liability for person conducting screening



# SBIRT Protocol

- Implemented by school nurses and school psychologists/adjustment counselors
- Screening, Brief Intervention and Referral to Treatment
- CRAFFT
  - Part A: during the past 12 months, on how many days did you use ...
  - Part B: if any days of use ask the remaining CRAFFT questions
  - If no days of use, only as “car” question



## SBIRT (continued)

- Brief Intervention: motivational interview, education, positive reinforcement for good decisions
- Referral to Treatment:
  - Always with consent unless medical emergency
  - In house: school psychologist, guidance/adjustment counselor, school nurse
  - Out of school referral: Youth Central Intake, Help Line



# SBIRT Implementation 2017 - 18

- Screening
  - All students in 8<sup>th</sup> Grade November 8, 2017
  - All students in 9<sup>th</sup> Grade March 8, 2018
- Letter to families
- 1:1 Brief Intervention
  - Motivational Interview
  - Positive Feedback for healthy choices
  - Referral to guidance if needed *with* student consent
  - Referral to guidance *without* consent if immediate risk to health or safety of student
  - Research-based information
  - Identify Trusted Adult
- Aggregate results to MDPH



# SBIRT – Results 2017 - 2018

- HMS
  - 200 8<sup>th</sup> grade students participated
  - 194 screened negative – “no use”
  - 6 screened positive – all were “very little use”
- HHS
  - 184 9<sup>th</sup> grade students participated
  - 159 screened negative – “no use”
  - 25 screened positive – mostly “occasional” or “very little use”
- Interventions
  - Positive feedback for healthy choices
  - Discussion about risks of adolescent drug/alcohol use
  - Research-based information
  - Student asked to identify reasons “not to use”
  - Resources, contact information
- No referrals for treatment
- Positive feedback from both staff and students

# GENDER, RACE, SEXUALITY, RELIGION

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Equity in Schools





# Equity in Schools

- MDPH Initiative
- Racial Equity Workshop
- Study Group – Focus on Anti-Bias
  - Race
  - Religion
  - Sexual Orientation
  - Gender Identity
  - Resources
- Anti-bias leadership team: faculty all levels
- Awareness/education for school community

# WELLNESS COMMITTEE GOALS

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2018- 2019







# Wellness Committee 18 - 19

- Health Education
  - Current topics
  - Massachusetts Comprehensive Health Curriculum Framework
  - Identify voids
- Anti-Bias
  - Support work of anti-bias leadership team
- Mental Health
  - Continue to advocate for mental health, stress reduction programming at all levels



# Thank You!



The mission of the Hanover Public Schools is to guide every student to thrive in a global society.