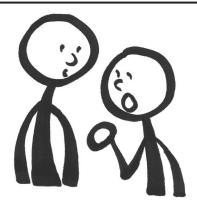
## Fight the Flu. Stop the Spread!



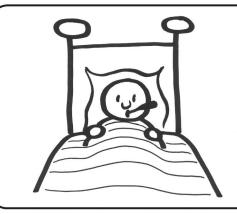
Wash your hands often with soap and water. Sing happy birthday to yourself twice while washing. You can also use a hand sanitizer to clean your hands.



Cover your mouth with a tissue when you cough or sneeze. Or use your inner elbow - **not** your hands.



If you start to feel sick, tell your parents or school nurse right away.



If you are sick with the flu, stay home for at least 7 days.

