

Comprehensive School Health Services and School Behavioral Health Expansion Grants

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Comprehensive School Health Services (CSHS) Model School Grant

- Formerly known as Essential School Health Services Grant
- Began in SY 20
- Objectives
 - Build on existing school health infrastructure
 - Program managed by a qualified, full-time School Nurse Manager
 - Strengthen capacity for case management for students with significant health care needs
 - Demonstrate continuous quality improvement
 - Reduce health disparities and inequities by improving access to care
- Budget:
 - \$75,000.00/year renewable after year 4, and then every 2 years up to 10 years
 - Total up to \$750,000

Scope of CSHS Model School Grant

- Enhance health education
- Case Management
 - Ensure health care needs are met so the student can successfully attend school
 - Address health - related chronic absenteeism
 - Ensure there is a transition program in place
- Racial equity: ensure equitable access to health care services
 - Advocate for equity in schools
 - Consider equity when implementing school health policies/procedures
- Community Health Needs Assessment
- Quality improvement programs

CSHS Activities 2022 - 2023

- 8th Grade Health Education Curriculum
- Case Management
 - Float Nurse
 - Individual Health Care Planning with families
 - Implemented program to support students with special care needs
 - Developed relationship with MassStart
 - Student intervention team meetings
- Better Together Leadership Team
 - Staff Cultural Calendar
 - Staff Cultural Newsletter
 - Staff Equity/Inclusion Professional Development
 - DESE Safe and Supportive Schools
- Quality Improvement
 - 2020 - 2022 “Prevalence and risk factors for school -associated transmission of SARS-CoV-2”
 - 2022 - 2023 Implemented new vision screening protocol

School Behavioral Health Expansion Grant

- Strengthen school behavioral health infrastructure
- Hiring/retention of clinical and non-clinical behavioral health personnel
- Improve and establish relevant behavioral health policies and procedures
- Increase care coordination
- Expand needed support services in schools, including de-escalation and crisis response
- Alternatives to punishment for student substance use
- Social-emotional learning
- Other behavioral health promotion, prevention and early intervention strategies

Allowable Use of Funds

- Expansion of behavioral health staff
 - **Should not be assigned a regular case load**
 - Available for crisis management, de-escalation, immediate support
- Behavioral health coordinators/strategists
- Implementation of additional behavioral health services
- Costs, equipment, supplies necessary to support the current and future behavioral health workforce
- Tuition reimbursement for education in behavioral health and/or increasing salaries to reflect market conditions

Town of Hanover SBHE Approved Budget

- SY 24 \$100,000.00/yearly, subject to appropriation
- SY 23 \$ 55, 807.49 (4 month budget)
 - Funding for newly created **Director of Behavioral and Mental Health Services** position
 - **Care Solace** - behavioral health referral service (students, staff, families)
 - SEL Curriculum/Books: ***Freddy the Fly, Coping Cat, Everyday Speech, Ninja Life Hacks, Anxiety Toolkit for Teens, Conquer Negative Thinking for Teens, Yardsticks***
 - Materials: coloring books, sensory strips and fidgets
 - **“Second Step”** SEL program, digital access Center School and HMS
 - **Frontline Behavioral Health Module** - Electronic Medical Record

Director of Behavioral and Mental Health Services

- Administrator Role, District Leadership Team
- Manage all aspects of the behavioral and mental health services
- Alleviate strain, decompress the existing system
 - Identify inefficiencies
 - Streamline and improve protocols
 - Manage complex referrals and complex case management, including 51A referrals
- Improve delivery of SEL curricula district-wide
- Facilitate professional development and BH meetings/collaboration
- Plan for crisis response, convene team as needed for crisis management
- Implement an electronic behavioral health record
 - Best practice
 - Continuity of care
 - Data management
 - Medicaid billing
- Identify behavioral health disparities among marginalized groups, work with multidisciplinary district and community providers to remedy disparities
- Collaborate with building principals on alternative remedies to suspension (37 H $\frac{3}{4}$)
 - Example: iDecide