

October 26, 2022

Dear Cedar Families,

The Hanover Public Schools follow all Massachusetts Department of Public Health and CDC recommendations for managing life-threatening food allergies in schools. You may refer to the School Committee Policy on the district website for more information.

The following are some of the procedures we follow in our schools:

- No eating in the classroom
- No sharing food
- Encouraging hand washing before and after eating
- Staff training around allergy, anaphylaxis and utilizing EpiPens
- Epinephrine autoinjector stored in health office
- Nurse attends field trips when needed
- Nut precaution tables in the cafeteria
- Collaboration with food services
- No peanut or tree nut products purchased by food services
- Minimizing celebrations with food; all food must be cleared by the School Nurse
- No homemade food is allowed to be brought in for celebrations

Families can help by talking with their children about food allergies and helping to reinforce this information at home. Please refer to the links below for additional information pertaining to this topic:

<https://www.foodallergy.org/living-food-allergies/food-allergy-essentials/common-allergens>

<https://www.cdc.gov/healthyschools/foodallergies/>

<https://johnstalkerinstitute.org/wp-content/uploads/2020/06/Mng-Allergies.pdf>

Thank you in advance for your cooperation.

Jesse Craddock
Principal

Maura Dowling BSN RN NCSN
Cedar School Nurse