

QPR: Question, Persuade, Refer

A Suicide Prevention Training

QPR (Question, Persuade, and Refer) Gatekeeper Training for Suicide Prevention is a 1–2-hour educational program designed to teach lay and professional "gatekeepers" the warning signs of a suicide crisis and how to respond.

Gatekeepers can include anyone who is strategically positioned to recognize and refer someone at risk of suicide (e.g., parents, friends, neighbors, teachers, coaches, caseworkers, police officers). The process follows three steps: (1) Question the individual's desire or intent regarding suicide, (2) Persuade the person to seek and accept help, and (3) Refer the person to appropriate resources.

Trainees receive a QPR booklet and wallet card as a review and resource tool that includes local referral resources.

(Ages 16 +) Registration is NOT required

Date: 1/31/2023, Tuesday

Time: 6-8pm

Where: John Curtis Public Library,

Hanover, MA



For more information about the training visit www.qprinstitute.com
Or contact jbabcock13@comcast.net