



Spring 2019 Community Adult Education Programs

Don't miss out on these great upcoming classes!

PLANNING FOR RETIREMENT

*Instructor: Meghan Blomberg, Financial Advisor
Commonwealth Financial Group*

Retirement planning can seem overwhelming, but it doesn't have to be. Following this 2-session class, you'll have an in-depth understanding of what to consider before retiring and what it takes to retire. We'll focus on the five main areas of interest listed below that will also include information on Social Security, Medicare, Estate Planning and the age-old question, "Do I have enough to retire?"

1. Envision your retirement
2. Build your retirement strategy
3. Sources of income
4. Aligning income with expenses
5. Retirement risks to consider

WEDNESDAYS: 5/1 & 5/8

OR

THURSDAYS: 5/9 & 5/16

TIME: 6:30-8:30PM

FEE: \$49

ELDER LAW & ESTATE PLANNING

*Instructor: David Kiley,
Patrick J. Kelleher & Associates, P.C.*

This educational Elder Law & Estate Planning course is designed to provide participants with very important information to help you "take action" to protect your assets and family! Topics will include: How do we save the family home from nursing homes and Medicaid? What is the difference between revocable and irrevocable? How do I protect everything I have for the people I love most?

MONDAY: 4/29

TIME: 6:30-7:30pm

FEE: \$25

HEALTHY HOT TOPICS*

*Instructor: Erin McAvay,
Holistic Health and Wellness Practitioner*

Join Holistic Health and Wellness Practitioner Erin McAvay as you begin or continue your journey of healing. Students in this program will discuss an abundance of Healthy Hot Topics including the Keto Diet, Gut Health, collagen, sugar addiction, going back to basics, eating the rainbow, drinking enough water and more. This course will be casual and highly informative.

THURSDAY: 5/2

TIME: 7:00-8:30PM

FEE: \$29

For a complete program brochure and to register, please visit our website:
<https://www.hanoverschools.org/office-family-and-community-engagement/adult-education>